

Japan Hospice Palliative Care Foundation  
November 27, 2021

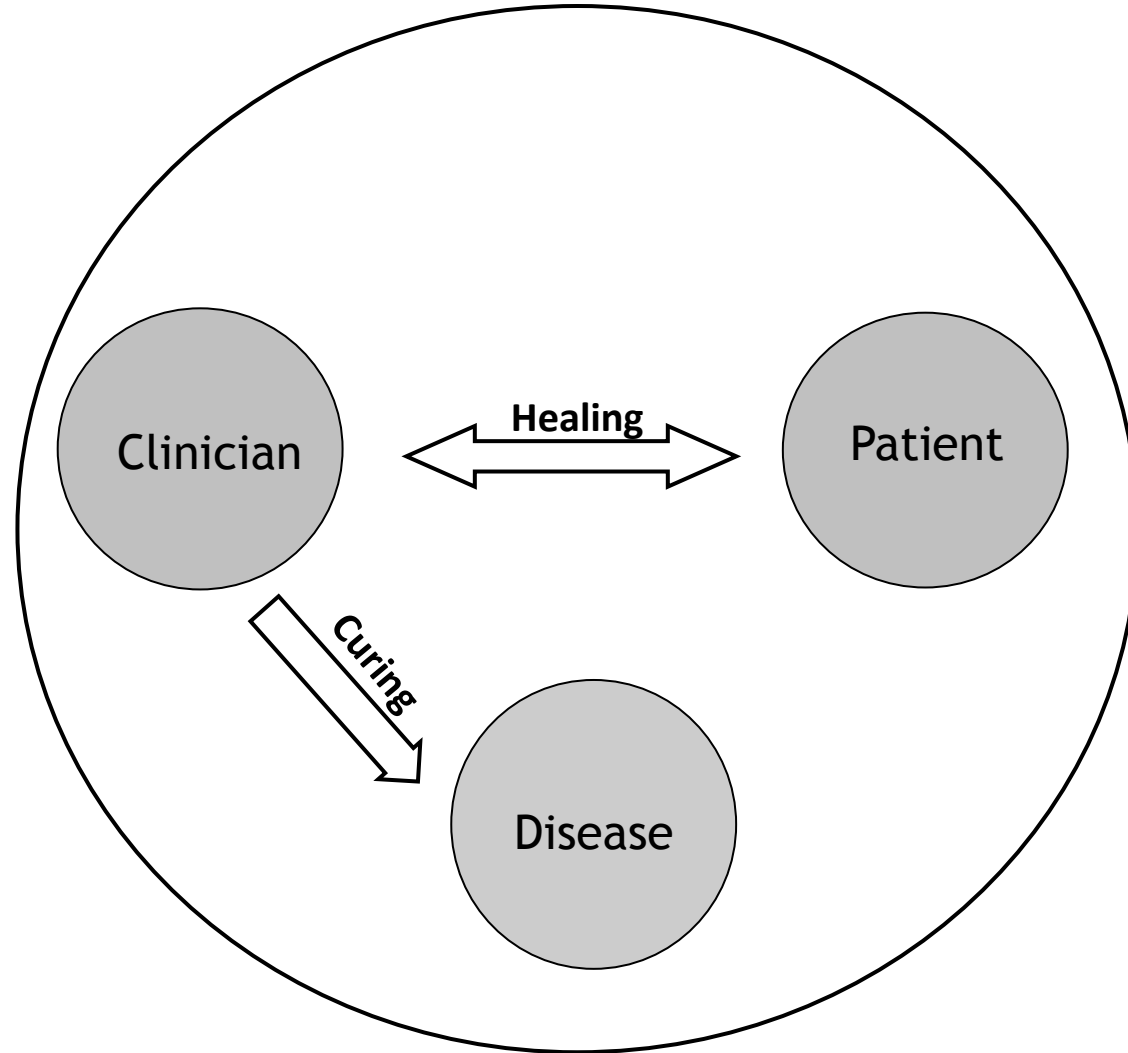
# Whole Person Care and the Art of Medicine

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McGill University

Director, McGill Programs in Whole Person Care

# Whole Person Care





# Physician's Role

**CURING**  
*(Hippocratic)*

**HEALING**  
*(Asklepian)*

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**HEALING**  
*(Asklepian)*

Communication

# Physician's Role

**CURING**  
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**HEALING**  
*(Asklepian)*

Communication

Content

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**HEALING**  
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Communication

Content

Digital

# Physician's Role

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**HEALING**  
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Communication

Content

Digital

Conscious



# Physician's Role

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Relationship

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# Analogic Communication

Watzlawick P, Bavelas JB, Jackson DD. Pragmatics of human communication: a study of interactional patterns, pathologies and paradoxes. New York: WW Norton, 1967.

“What then is analogic communication? The answer is relatively simple: it is virtually all nonverbal communication. This term however, is deceptive, because it is often restricted to body movement only, to the behavior known as kinesics. We hold that the term must comprise posture, gesture, facial expression, voice inflection, the sequence, rhythm, and cadence of the words themselves, and any other nonverbal manifestation of which the organism is capable, as well as the communicational clues unfailingly present in a *context* in which an interaction takes place.”

## Surgeons: logistic regression model for a history of 2 or more claims for voice tone variables

<i>Variable</i>	<i>P value</i>	<i>Partial Correlation</i>	<i>Odds ration (95% CI)</i>	<i>CI</i>
Brief Tone				
Warm/professional	.89	0.01	1.13	0.18-7.01
Concern/anxiety	.05	0.18	0.46	0.21-1.01
<b>Dominance*</b>	<b>.02</b>	<b>0.22</b>	<b>2.74</b>	<b>1.16-6.43</b>

\*Dominance in voice tone is conveyed in deep, loud, moderately fast, unaccented, and clearly articulated speech.

Ambady N, LaPlante D, Nguyen T, Rosenthal R, Chaumeton N, Levinson W. Surgeons' tone of voice: a clue to malpractice history. *Surgery*. July 2002.

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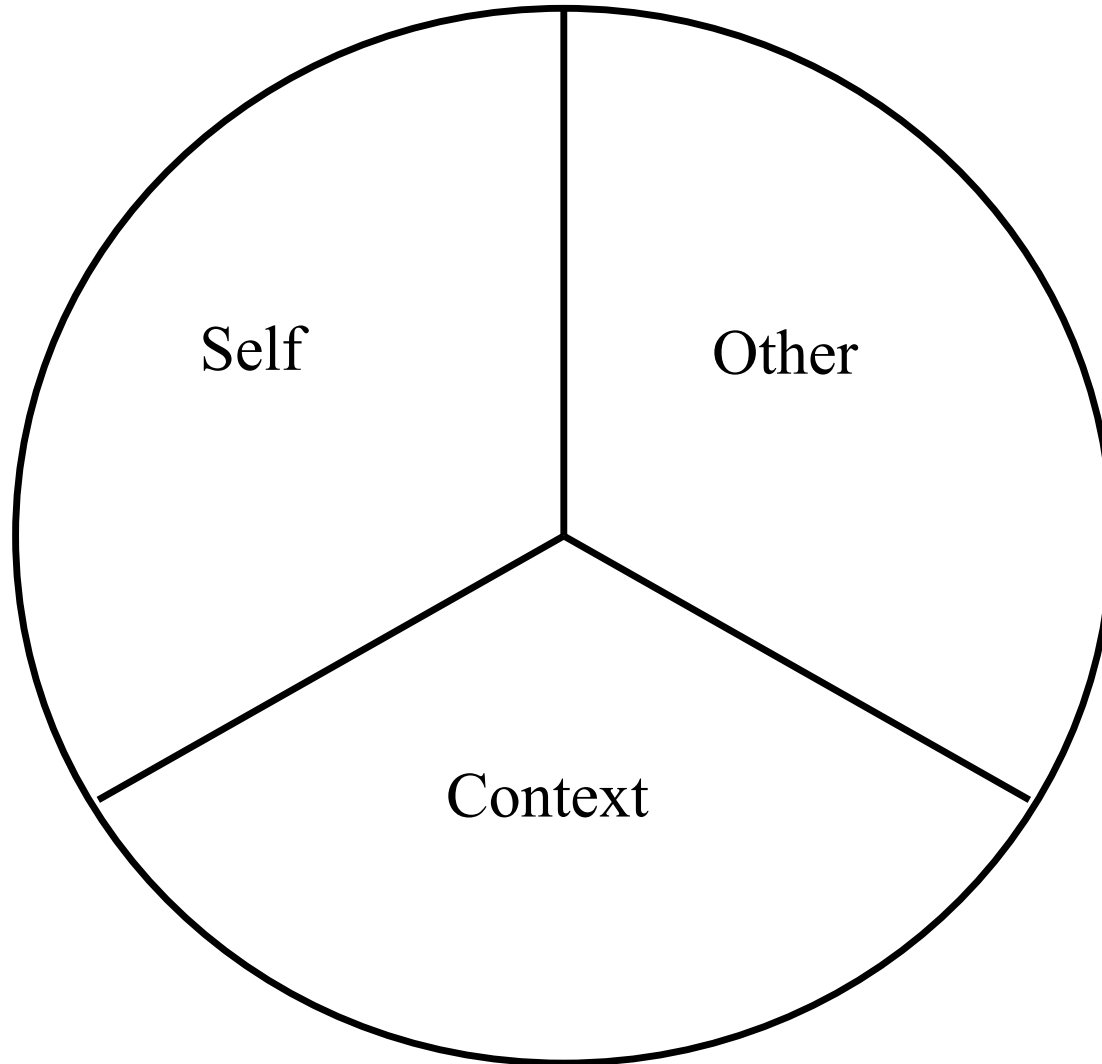
Digital

Analogue

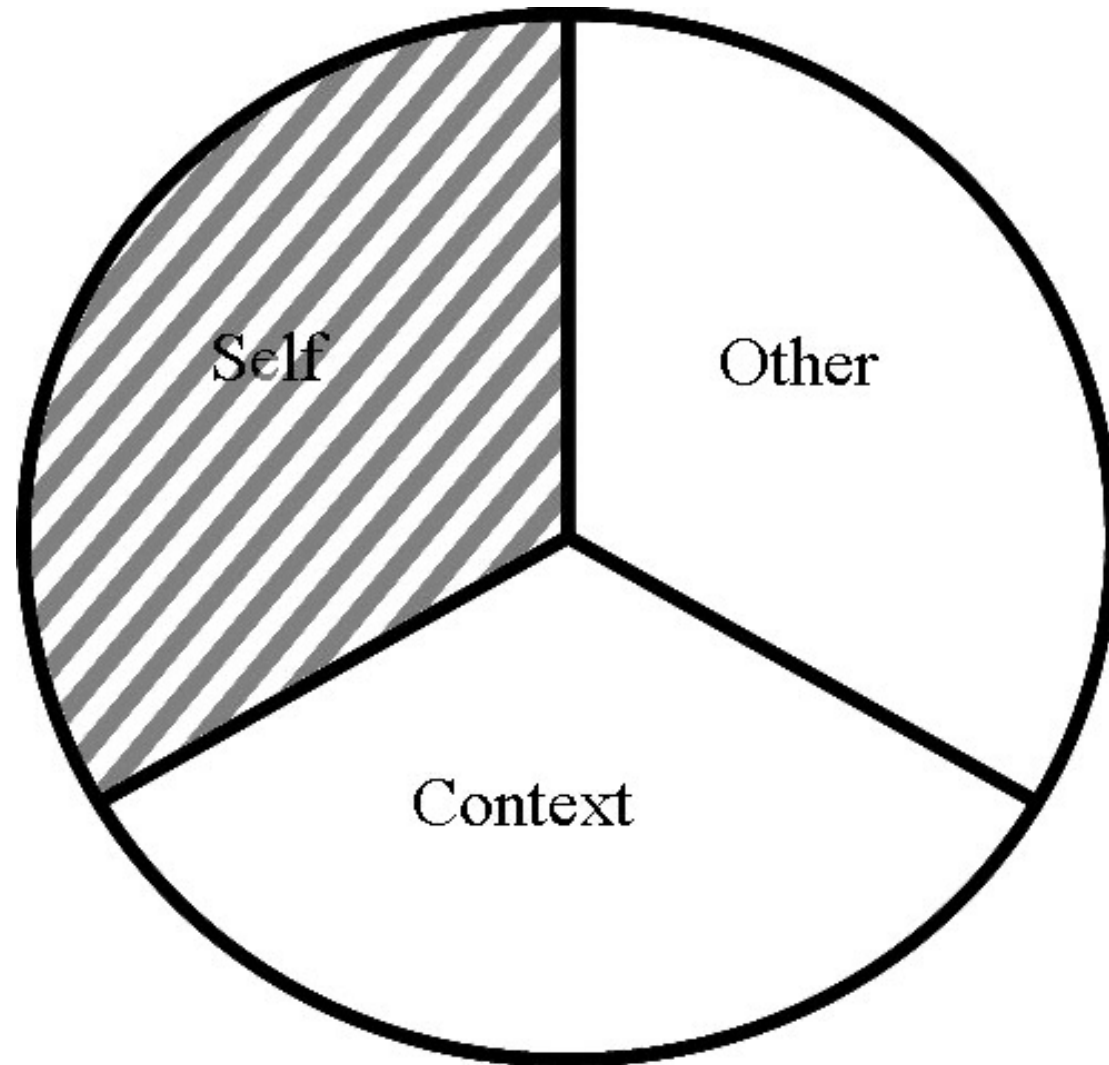
Conscious

Unconscious

# Virginia Satir

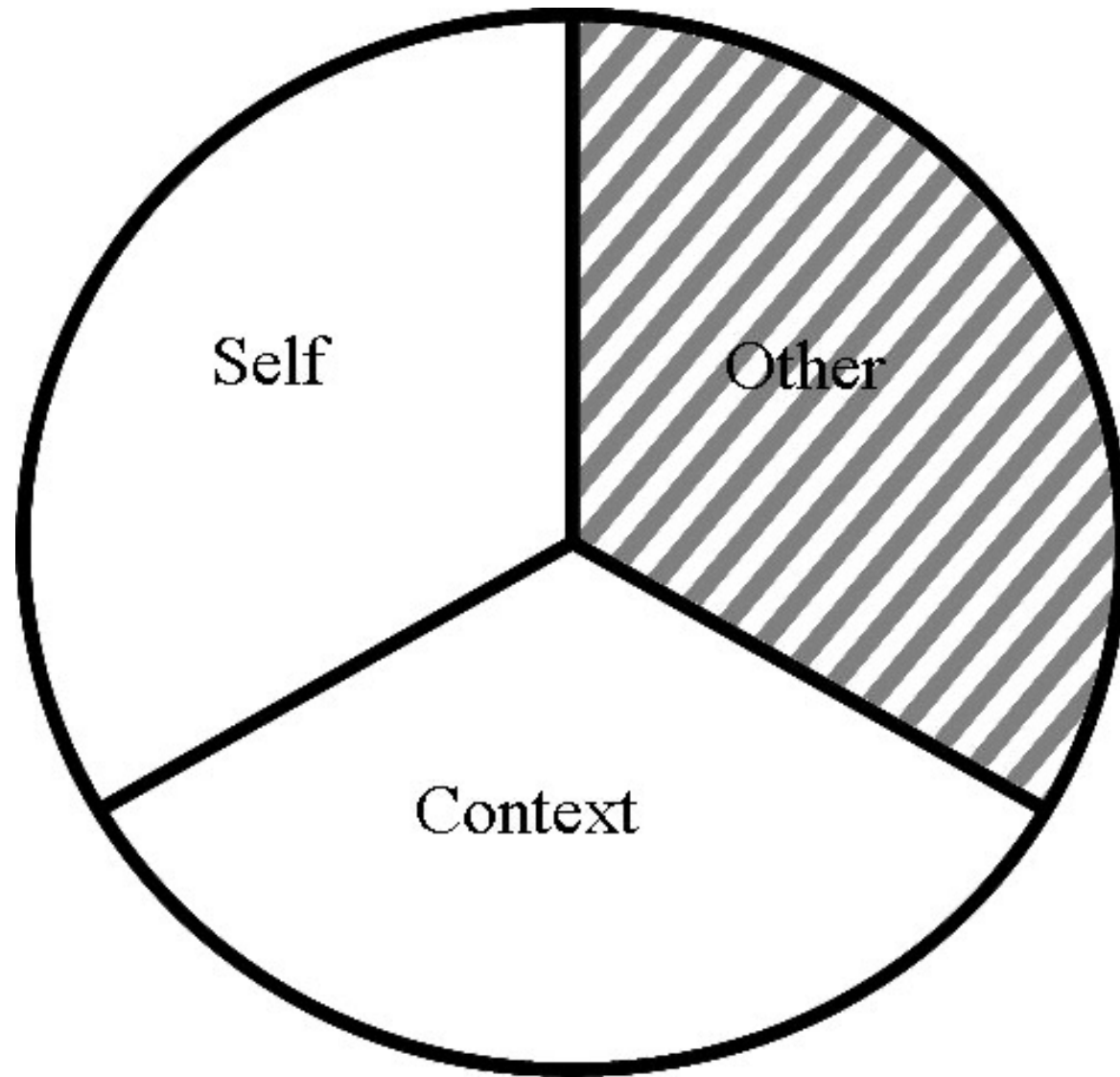


## Placating Stance

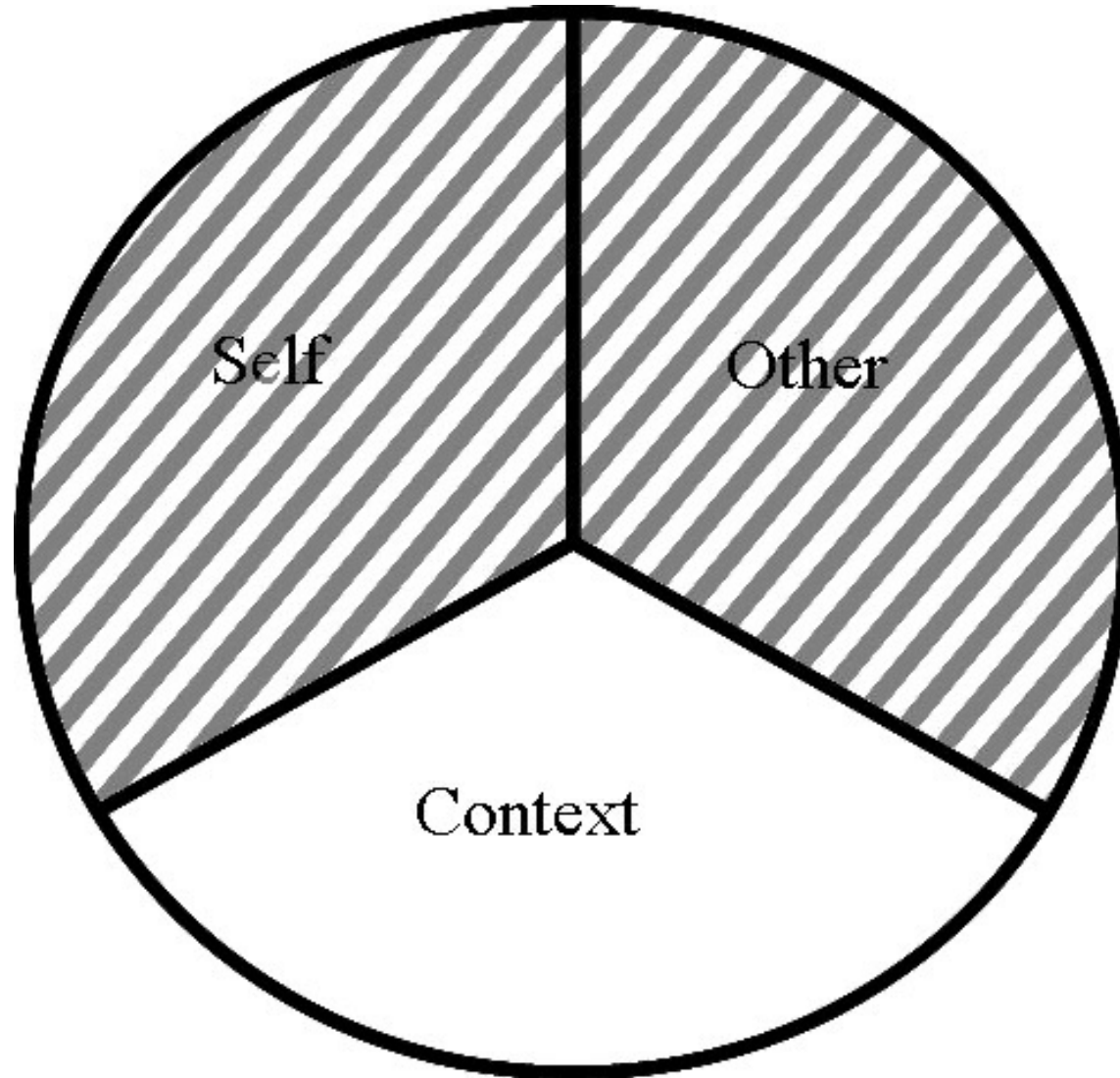




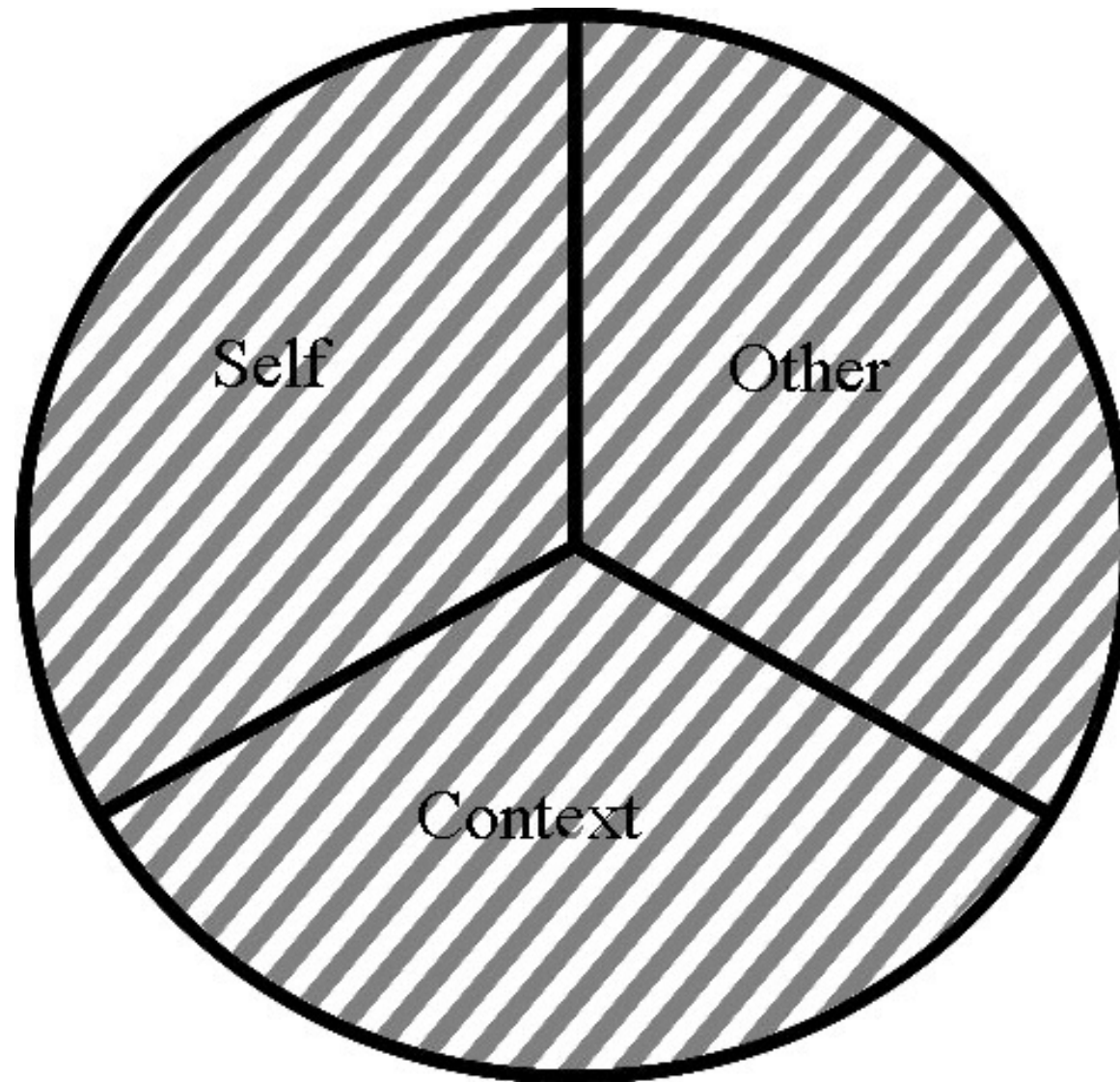
# Blaming Stance



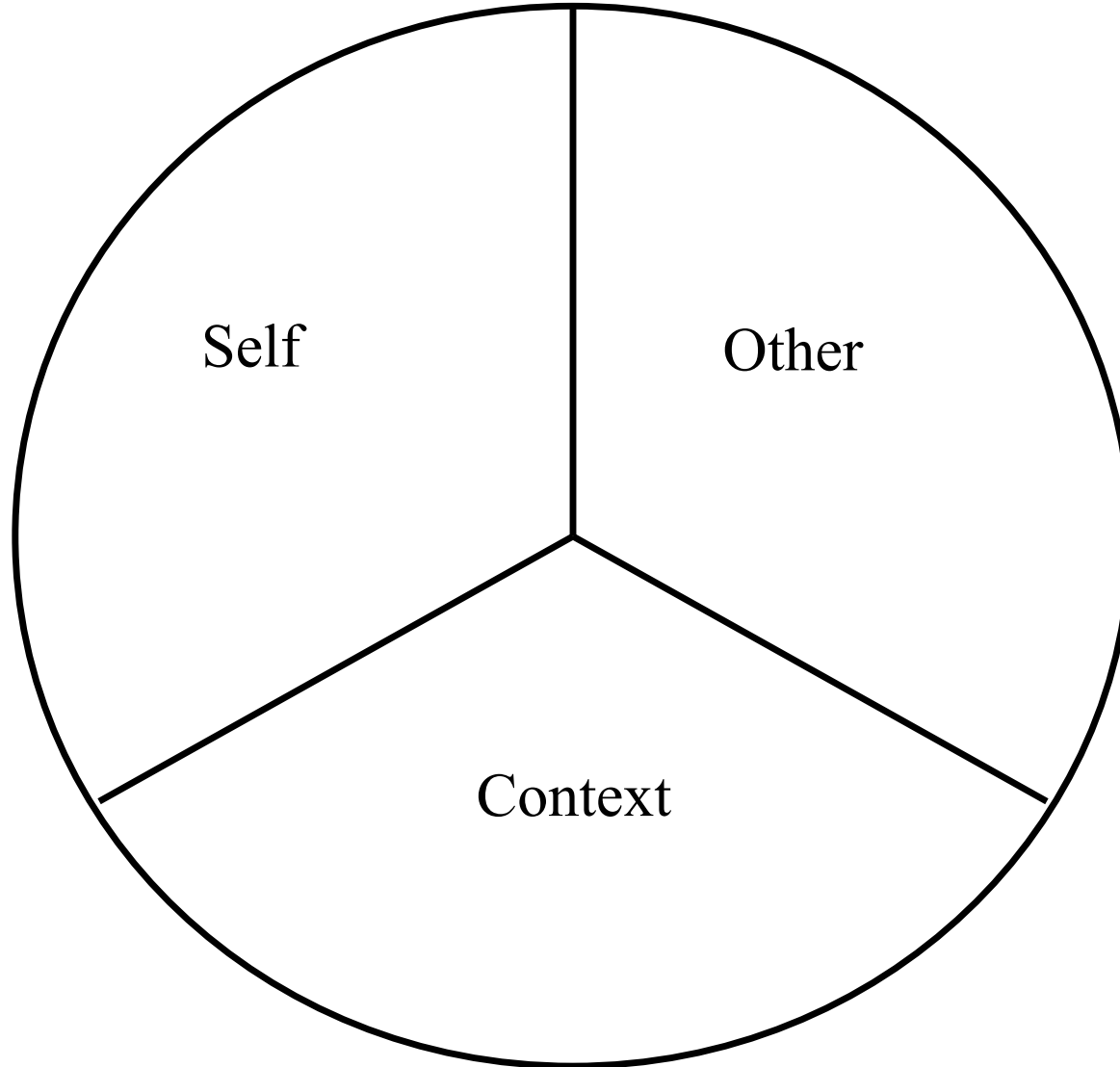
# Super-reasonable Stance



# Irrelevant/Distracting Stance



# Congruence: Virginia Satir



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Presence

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Presence

Competent

Technician

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Epistemology



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Scientific

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Epistemology

Scientific

Artistic

## The Aesthetic Process

- Integritas – Wholeness (Bounded)
- Consonantia – Harmony
- Claritas - Radiance

James Joyce. *Portrait of an Artist as a Young Man*

# The Aesthetic Process and Mindfulness

Wholeness (Bounded)

Harmony

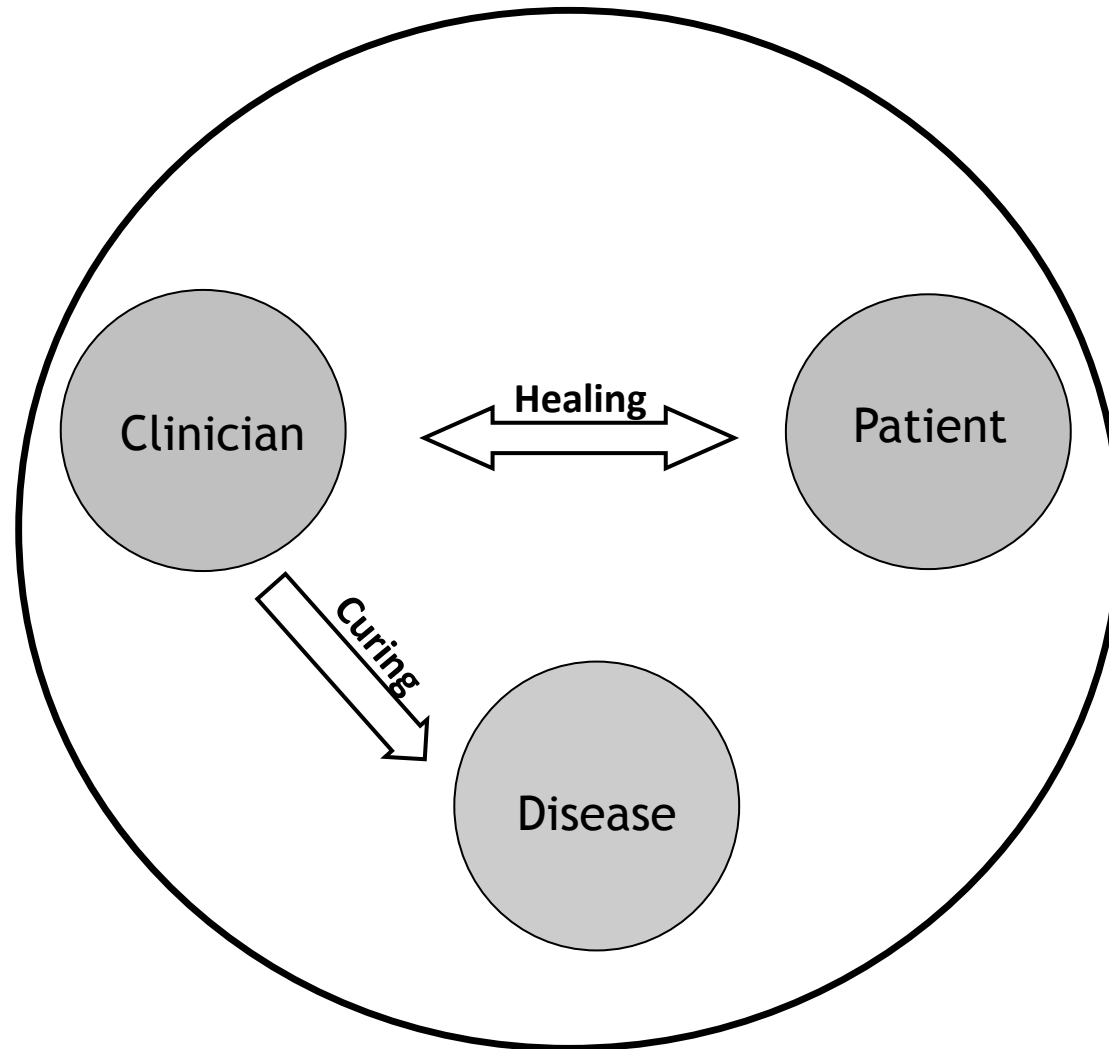
Radiance

Intention

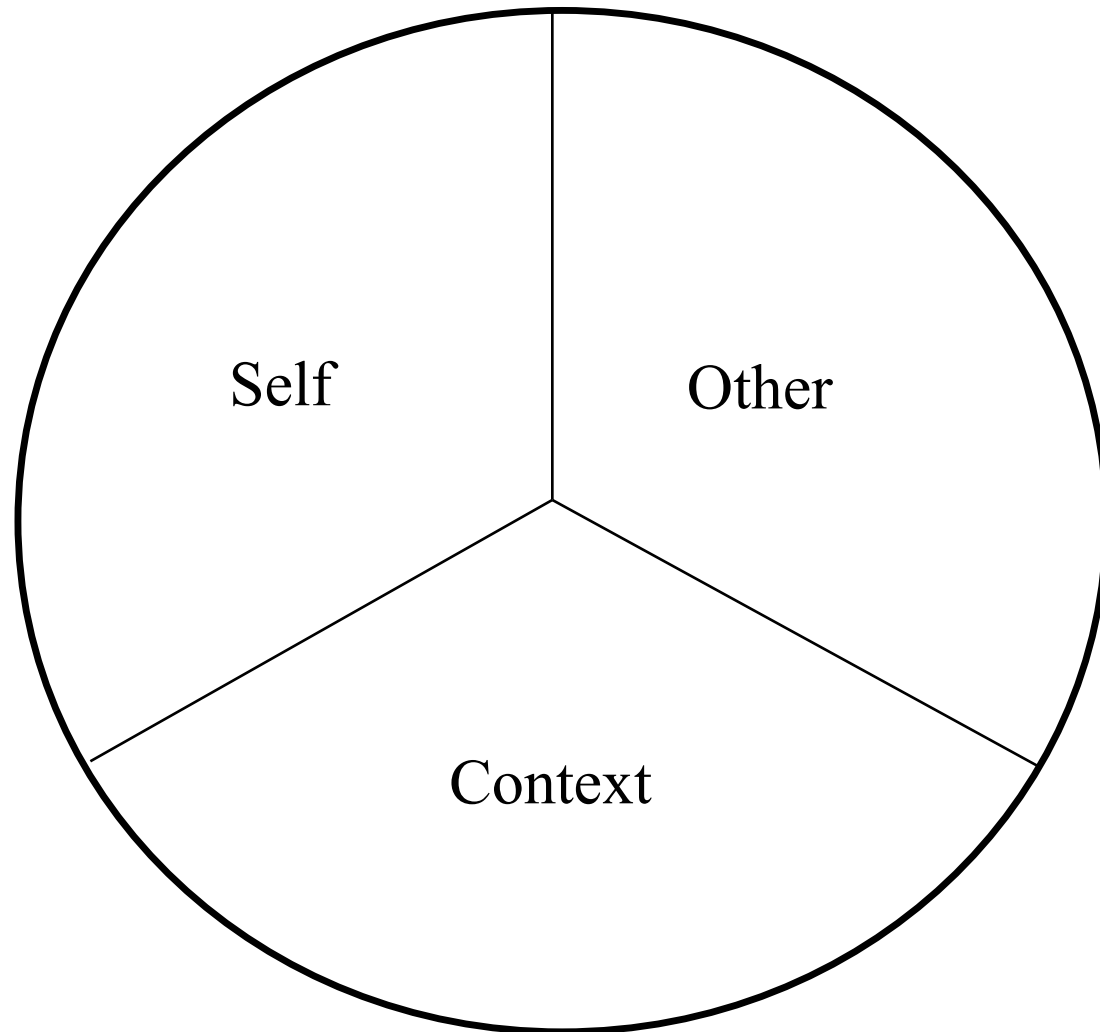
Attention

Awareness

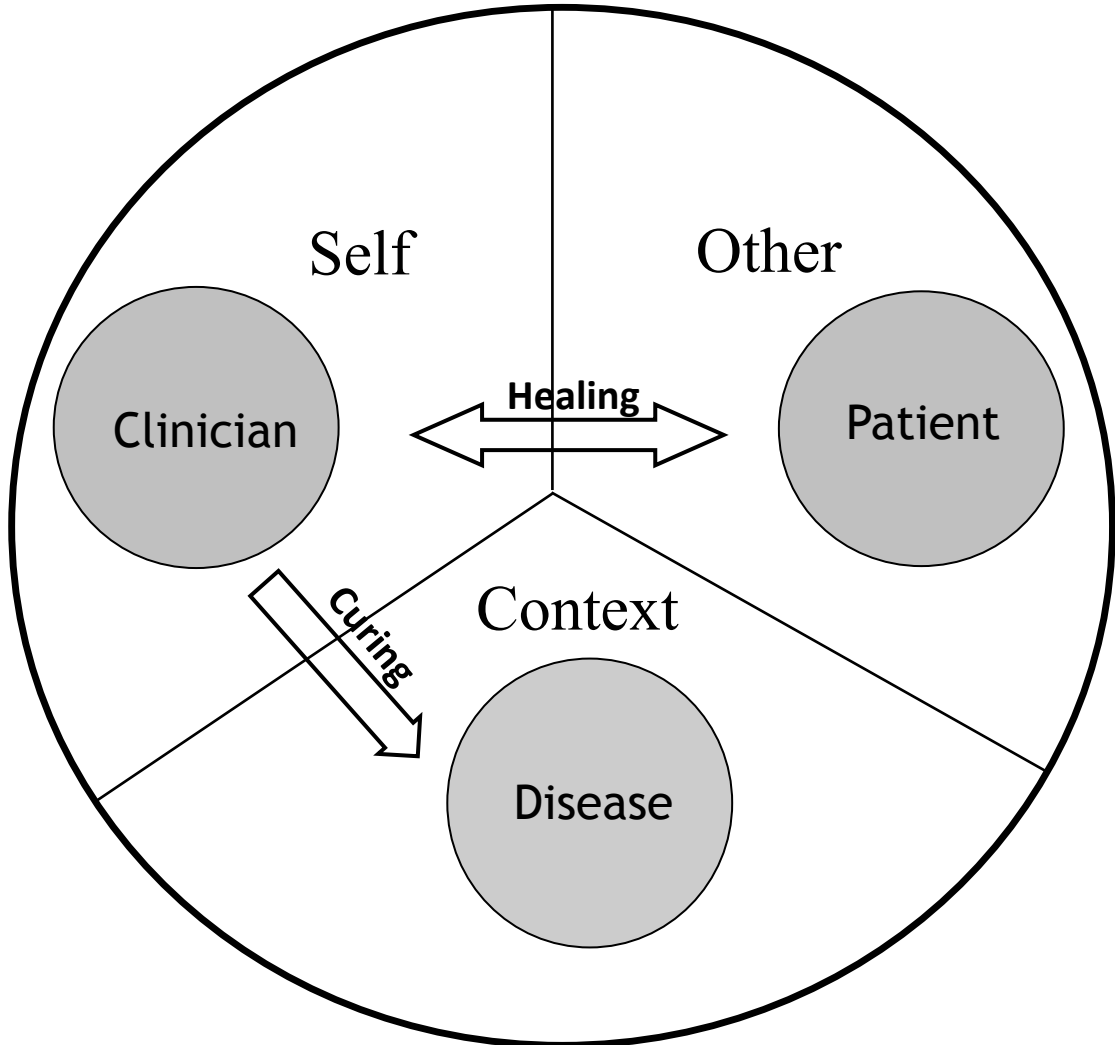
# Whole Person Care



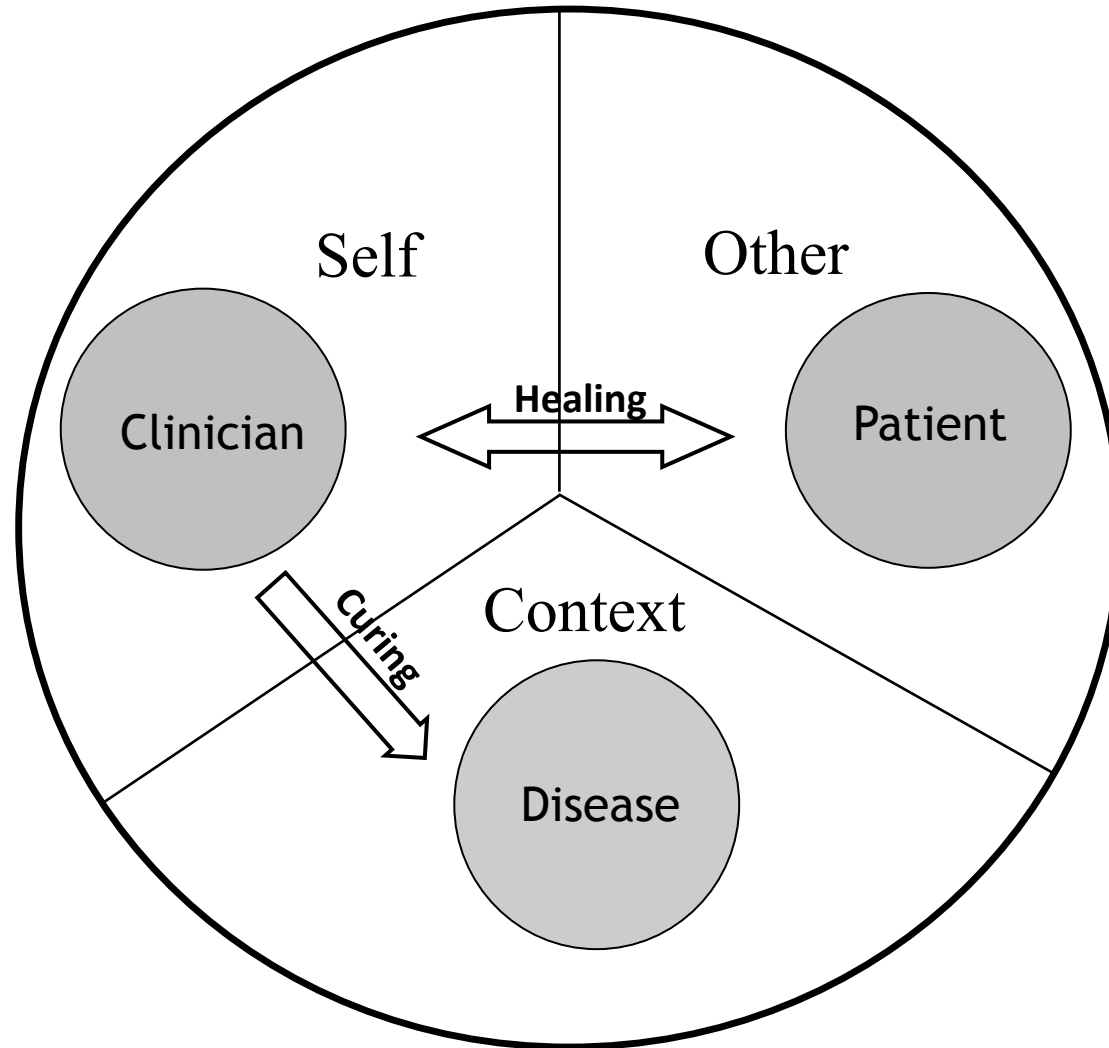
# Congruence



# Clinical Congruence



# The Art of Medicine: Bounded Mindful Clinical Congruence\*



\*Moment to moment attention to the patient as a person, oneself as a person, and the clinical context as it unfolds from moment to moment in each clearly separated medical interaction.